



Nell Holcomb R-IV School

October 2017

Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 <i>Pancakes, sausage, fruit, & milk</i></p> <p><i>Taco salad, tortilla chips, pineapple, & milk</i></p>	<p>3 <i>Scrambled eggs, toast, juice/milk</i></p> <p><i>Chicken nuggets, baked beans, fried apples, & milk</i></p>	<p>4 <i>Cereal, cinnamon toast, fruit, & milk</i></p> <p><i>Baked ham, whipped potatoes, green beans, hot roll, & milk</i></p>	<p>5 <i>Muffin, oatmeal, fruit, & milk</i></p> <p><i>Vegetable soup, grilled cheese sandwich, peaches, & milk</i></p>	<p>6 <i>Honeybun, fruit, & milk</i></p> <p><i>Pizza, corn, pears, & milk</i></p>
<p>9 <i>French toast sticks, fruit, & milk</i></p> <p><i>Fajita chicken, Mexican rice, refried beans, pears, & milk</i></p>	<p>10 <i>Cereal, cinnamon toast, fruit, & milk</i></p> <p><i>BBQ pork riblet on bun, potato tots, applesauce, chocolate chip cookie, & milk</i></p>	<p>11 <i>Pop tart, oatmeal, fruit, & milk</i></p> <p><i>Teriyaki chicken, rice, pineapple, break, & milk</i></p>	<p>12 <i>Bagel, fruit, & milk</i></p> <p><i>Pizza burger, corn, salad, & milk</i></p>	<p>13 <i>Biscuit w/gravy, sausage, & juice/milk</i></p> <p><i>Hotdog on bun, baked beans, peaches, & milk</i></p>
<p>16 <i>French toast sticks, fruit, & milk</i></p> <p><i>Chicken quesadilla, shredded cheese, corn, pears, & milk</i></p>	<p>17 <i>Breakfast pizza, fruit, & milk</i></p> <p><i>Chicken patty on bun, baked beans, pineapple, & milk</i></p>	<p>18 <i>Cereal, cinnamon toast, fruit, & milk</i></p> <p><i>Salisbury steak w/gravy, whipped potatoes, mixed fruit, hot roll, & milk</i></p>	<p>19 <i>Honeybun, fruit, & milk</i></p> <p><i>Chili, peanut butter sandwich, applesauce cup, & milk</i></p>	<p>20 <i>Muffin, oatmeal, fruit, & milk</i></p> <p><i>Pizza, corn, peach cup, & milk</i></p>
<p>23 <i>Pancakes, sausage, fruit, & milk</i></p> <p><i>Corndog, chips w/nacho cheese, peas, peaches, & milk</i></p>	<p>24 <i>Scrambled eggs, toast, juice/milk</i></p> <p><i>Cheeseburger, French fries, orange, & milk</i></p>	<p>25 <i>Cereal, cinnamon toast, fruit, & milk</i></p> <p><i>Chicken & noodles, green beans, pears, hot roll, & milk</i></p>	<p>26 <i>Breakfast cookie, sweet rice, fruit, & milk</i></p> <p><i>Tomato soup, grilled cheese, fruit, & milk</i></p>	<p>27 NO SCHOOL!!</p>
<p>30 <i>French toast sticks, fruit, & milk</i></p> <p><i>Spaghetti, corn, peaches, garlic bread, & milk</i></p>	<p>31 <i>Biscuit w/gravy, sausage, & juice/milk</i></p> <p><i>Deli turkey w/cheese on bun, potato tots, strawberries, & milk</i></p>	<p>Nov. 1 <i>Cereal, cinnamon toast, fruit, & milk</i></p> <p><i>Chicken nuggets, whipped potatoes, gravy, biscuit, & milk</i></p>	<p>2 <i>Bagel, fruit, & milk</i></p> <p><i>Juicy burger, baked beans, fried apples, cheese stick, & milk</i></p>	<p>3 <i>Pop tart, yogurt, fruit, & milk</i></p> <p><i>Pizza, salad, pears, & milk</i></p>

*Baby carrot sticks, broccoli florets, and dried fruit offered daily to all students. Cereal offered daily as an alternative to breakfast. * Salads offered daily to grades 6th through 8th. In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (566) 632-9992. Submit your completed form or letter to USDA to: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW Washington, D.C. 20250-9410. This institution is an equal opportunity provider.